



Port Moody Times

Thursday
May 22, 2025
Day 2

LOST & FOUND

If you have lost a phone/ device, please stop by the office to see if one of these belongs to you.



THRIFT AND THRIVE

Calling all PMSS students and staff!
Marketing 11, the Nest, and the Blues in Action club are excited to present **Thrift and Thrive**, a school thrift store that offers a range of clothing items from T-shirts and jackets to pants, hoodies and more!
The event will take place in the **MPR at lunch on May 20, 21, and 22**. Hope to see you there!

SPRING FLING 2025

Hey PMSS! Our annual Spring Fling festival is back at school this Friday, May 23rd! Gear up for student performances, a teachers versus students softball game, and visits by 3 food trucks throughout the extended lunch! Participating in any of the activities run by club leaders will win you raffle tickets towards a Spring Fling prize, so keep an eye out! The office will be selling slices of pizza as well - cash only - bring some money if you would like a slice! Here is an altered bell schedule for the day:

ADJUSTED BELL SCHEDULE

Spring Fling
Friday, May 23rd, 2025

| BLOCK | SCHEDULE |
|--------------|-------------------|
| 1 | 7:40am – 8:56am |
| FLEX | 8:56am – 9:22am |
| 2 | 9:22am – 10:28am |
| 3 | 10:32am – 11:38am |
| SPRING FLING | 11:38am – 1:00pm |
| 4 | 1:00pm – 2:06pm |
| 5 | 2:10pm – 3:16pm |

SD 43 DISTRICT ART SHOW

We would like to invite you to bring friends and family to see this years SD43 District Art show at Coquitlam Center. This year featuring the art/photo of Port Moody Secondary, Gleneagle Secondary and Heritage Woods Secondary, and Inquiry Hub.
The exhibit is on Wednesday May 21 until closing this Monday May 26th and may be viewed for free any hour the mall is open. See it near H&M/Walmart second floor.

GR. 12 IB STUDENTS

Please remember to hand in your student parking pass on your last day. Otherwise, a \$5 fee may be added to your account.

NEW PASSWORD FOR AT HOME ACCESS TO THE EBSCO ACADEMIC EBOOK COLLECTION

When users are off-site a username and password is required to access the nearly 300,000 eBooks available through the Ebsco Academic Ebook Collection
<https://search.ebscohost.com/login.aspx?authtype=ip,uid&custid=s4065910&groupid=main&profile=nlebk&defaultdb=nlebk>

The password must be changed each year, and this year's new password is now published on our virtual library learning commons site. <https://sd43bccs.sharepoint.com/sites/PMSSVirtualLibraryLearningCommons2021>

Students and staff can log into the virtual library learning commons site using their SD43 credentials.

If you are facing challenges in accessing the collection, please reach out to a member of the library team.

ART DEPARTMENT

the art department is seeking a few people to help carry boards for both set-up and take-down of the annual art exhibit at Coquitlam Center.

- The set up crew meets Tuesday May 20th from 6:45 PM to approximately 7:45 PM meeting in front of Walmart near Sephora and H&M - please see Ms. Gardner to confirm that help is still needed (we need 4 more people).
- The take-down crew meets Monday May 26th from 6:45 PM to approximately 7:45 PM meeting in front of Walmart near Sephora and H&M - please see Ms. Gardner to confirm that help is still needed (we need 4 more people).

UBC CALCULUS CHALLENGE EXAM 2025

The UBC Calculus Challenge exam will take place on June 11, 2025. You can find details and information, as well as register for the exam at the site https://outreach.math.ubc.ca/calc_challenge.html/
We look forward to seeing you at UBC in June!

| Important Grad Dates | |
|---|--|
| March 31 st | Guest Forms available |
| March 31 st | Valedictorian Applications |
| April 8 th - May 2 nd | Dinner/Dance and After Grad Tickets on sale online or see Ms. Tetangco in the office |
| April 9 th | Grad Guest Forms submitted by 4:00 pm |
| April 10 th | Valedictorian Nominations submitted by 4:00 pm |
| April 15 th – 17 th | Dinner/Dance Seat Selection at lunch in MPR |
| April 23 rd | Valedictorian Speeches – Block 4 |
| May 2 nd | Last Day for Dinner/Dance and After Grad ticket sales |
| May 29 th – June 9 th | Commencement Tickets on sale—online, or See Ms. Tetangco in the office |
| June 21 st | Grad Dinner/Dance – Pinnacle Harbourfront Vancouver Hotel |
| June 21/22 nd | AfterGrad following Grad Dinner - Info TBA |
| June 18 th | Mandatory – Grad Assembly/Cap and Gown pickup |
| June 25 th | Commencement Ceremony at the Orpheum Theatre in Vancouver @ 7:00pm |

JOURNALISM CLUB

Are you interested in reading the works of your peers? Learn and engage in various topics you love - or maybe learn something new! Check out our website, where you can interact with articles already published by club members.
Website link: <https://surl.li/jgchuy>
If you're interested in writing your own work, visit us in Room 217 on Thursdays, Bi-Weekly @ Lunch!

TUTORING CLUB IS BACK!

Looking for some help with your classes? The student tutors at the Tutoring Club would love to help. We are available Tuesdays and Thursdays during lunch, Block 5 and after school. Lunchtime tutoring sessions take place in room 311, and Block 5/after school sessions are in the Youth Worker room—directly across from the Library Learning Commons. It’s a drop-in program, you don’t need to sign-up for tutoring! If you’re interested in being a tutor, please see Ms. Nembhard in the office.

ONGOING

MORNING STUDENT DROP OFF

This is a reminder to parents and students that drop-off and pick-up is to take place only in the lower parking lot - regardless of time of day or weather conditions. If you are dropping off for an early morning class or team practice, please do so in the lower parking lot.
STUDENT PARKING PASS: If you will be parking in the lower parking lot, please come to the office during lunch or before/ after school to pick up a Parking Registration form.

STUDENT INFORMATION VERIFICATION FORMS

This is a reminder for parents/ guardians to log onto their MyEd parent portal to view their student information verification form. If any changes are to be made, please make corrections on a printed form and return it to the office.

GR. 12 OFF BLOCK STICKERS

Gr. 12 students who need off-block stickers can pick them up at lunch in the office. Please bring your student ID Card and a copy of your schedule.

For emergency evacuations, students who are at school during their off block must report to the Off Block Station (students' parking lot roundabout).

PMSS TIMES: The PMSS Times will be distributed on ***Tuesdays*** and ***Thursdays***. Announcements will not be read over the PA. You will find copies of the PMSS Times outside the office, in the Cafeteria under the clock, and outside the Library Learning Commons.

TRANSLINK

As Translink is increasingly busy, please keep the following in mind when you are taking public transit.

- Be mindful of where you are standing when the bus is coming to a stop. Moving away from the curb allows the driver to pull in safely.
- Remember that other students want to get on the bus. Pushing your way to the front of the line makes everything slower for everyone.
- With construction, the bus stop locations have changed. Check the signs or your app carefully to make sure that you're at the right bus stop.
- Other bus riders may not want to hear your conversation—keep the volume down.
- You might miss the bus, or it might be full. Another one will be along soon.
- If you see something unusual when you're on public transit, report it to a uniformed attendant, or text 87.77.77

We all need to work together to make a transit system that is safe for everyone!

CAREER CENTRE

Post-Secondary Information, Admissions Updates, New Post-Secondary Programs, Scholarships, Volunteering, Employment, Career Programs & Training, Leadership and Enrichment Programs

PMSS Career Resource Centre

Main Office. Open from 8:00am – 3:30pm Monday-Friday.

Questions? Email Ms. Chang at mchang@sd43.bc.ca or call 604-939-6656 ext. 2013.

How to keep up with the news? Join the Port Moody Secondary Career center TEAMS page! Code to join: 46n1w80 or follow the Career Centre Instagram @pmsstransitions! Don't forget to check out the [PMSS Online Career Centre website](#)

Post-Secondary workshops and info sessions

For current and ongoing opportunities, please visit [HERE](#)

UBC Future Global Leaders for Gr. 10 & 11 students is where high school students can try out a university subject before applying to university. Students can enjoy full university experience by attending Future Global Leaders at the UBC Vancouver campus (where students can choose between staying in residence or commuting daily to campus or study at home with online courses. The program awards bursaries to Gr. 11 students (or those who just completed Gr. 10) in BC who have financial need. For more information or to register, click [HERE](#).

UBC Engineering: Everything you need to know is happening ONLINE (Zoom) on Wednesday, June 4th from 5-6pm. Engineers solve problems and make the world a better place to live. Discover how engineering impacts your life every day and everything you need to know to become an engineer, beginning with admission details to UBC Engineering. This session is especially great for younger high school students to learn about the courses you need to take in high school to be eligible for UBC Engineering. To register, click [HERE](#)!

Jump Start at UBC Vancouver is a multi-day orientation program designed to give students entering UBC in the Fall a first look at university life. It is an opportunity to make friends, explore campus, connect with faculty and set yourself up for academic success before class begins. It is \$75 + tax (plus \$265 + tax if you will be living in residence). For more information, or to register, click [HERE](#)! *Are you entering first year at UBC Okanagan? Find information about [UBC Okanagan Jump Start](#).*

CapU – Parent Orientation Event is happening on Wednesday, June 25th, 2025 from 5:00pm – 8:30pm at the BlueShore at CapU campus. Join us to learn more about how your future CapU student will become part of the campus community. At this free event, you'll start building a connection to the CapU campus while networking with university staff from key Student Success Areas and current students. You'll also learn the next steps in your future students' journey to ensure all systems are go before they start their first year at CapU in the Fall. For more info, click [HERE](#)!

University of Alberta – Gr. 11 Matters Presentation is happening ONLINE on Thursday, May 22nd, 2025 at 4:00pm – 5:00pm PST. Gr. 10 & 11 students are encouraged to register for this virtual presentation where our advisors will walk them through our application and evaluation process, provide information on our programs, campuses and scholarships and highlight how important their Gr. 11 year can be for their post-secondary future. To sign-up, click [HERE](#)!

OzTREKK's – Experience Australia and New Zealand Event is happening on Sunday, May 25th, 2025 from 1:00pm – 4:00pm at UBC Robson Square! Learn more about studying at top universities Down under – especially in programs like

medicine, dentistry, law, veterinary science, and more. Meet representatives, learn about degree options, admission requirements and timelines, chat with OzTREKK staff about how the application process works, and enjoy refreshments in a casual welcoming setting. For more info, or to register, click [HERE](#)

General Learning Opportunities

For current and ongoing opportunities, please visit [HERE](#)!

***NEW* SFU STEM Speaker Series – Neurotoxins and Nursing Homes: My Journey through Research and to Medical School** is happening on Saturday, June 21st 2025 from 1:00pm – 2:00pm ONLINE for Gr. 8-12 students. Sheridan Hamilton (medical student at Dalhousie University in t. John, NB, will talk about their past research experiences in biology (where they studied toxin-producing cyanobacteria and the viruses that infect them) and nursing (looking at access to a palliative approach to care in long term care facilities and nursing workload during COVID-19 restrictions), and talk about some upcoming research in public health that they will be doing this summer. They will also share about their journey to medical school; a very brief overview of the application process, jobs/ extracurriculars, interviews, and what it's like to be a medical student. If interested, sign-up [HERE](#)!

***NEW* SFU Science Alive – Applied Sciences Outreach** is offering some FREE events for this month until June:

- Code in Motion: Robotics with Spheros: Saturday, May 24th, 2025 | 1:00pm - 4:00pm | Gr. 8-12 - [SIGN UP HERE](#)
- 2D Game Design with Processing: A Beginners Crash Course: Saturday, May 31st, 2025 | 1:00pm - 5:00pm | Gr. 8-12 - [SIGN UP HERE](#)
- Turtle Graphics in Python Workshop: Tuesday, May 27th, 2025 | 4:30pm - 6:30pm | Online | Gr. 8-12 - [SIGN UP HERE](#)
- Intro to Data Science: Wednesday, May 28th, 2025 | 4:30pm - 6:30pm | Online | Gr. 8-12 - [SIGN UP HERE](#)
- Text-based Game Dev: Saturday, May 31st, 2025 | 10:00am - 12:00pm | Online | Gr. 9-12 - [SIGN UP HERE](#)
- AI in Cybersecurity: Monday, June 2nd, 2025 | 4:30pm - 6:30m | Online | Gr. 8-12 - [SIGN UP HERE](#)
- Password Cracker: Wednesday June 4th, 2025 | 4:30pm - 6:30pm | Online | Gr. 8-12 - [SIGN UP HERE](#)
- Intro to GIT: Monday, June 9th, 2025 | 4:30pm - 6:30pm | Online | Gr. 9-12 - [SIGN UP HERE](#)
- Intro to Web Dev: Saturday, June 14th, 2025 | 10:00am - 12:00pm | Online | Gr. 8-12 - [SIGN UP HERE](#)
- Intro to the Terminal: Tuesday June 17th, 2025 | 10:00am - 12:00pm | Online | Gr. 9-12 - [SIGN UP HERE](#)

Ocean Wise: Mountains to Ocean Program is a FREE 3 immersive week program for youth aged 15-21 that explores the deep connections between land and sea. Through 3 outdoor learning adventures, participants gain hands-on experience, connect with like minded youth leaders, and design a community project inspired by what they've learned. Cohort 1 takes place June 3 – 23 (application deadline: May 25th 2025), while Cohort 2 takes place July 10 – 31 (application deadline July 3rd). Both will take place in evenings and weekends, requiring a 25-35 hour time commitment. For more information, or interested in applying, click [HERE](#)!

Pedal-Heads – Medallion and Cross Bronze Courses are the stepping stones to being an instructor or lifeguard. And an added benefit is that can be used as external high school credit! Bronze Medallion takes place May 24- June 7 on Saturdays, while the Bronze Cross will take place Sundays from June 8 – June 22. Both will be from 9am – 4:30pm, cost \$332 and take place at Fitness 2000 Pool in Burnaby. For more info or to sign-up, click [HERE](#)!

The YES Summer Camp invites youth from all over BC to Lake Cowichan to participate in our transformational week-long retreats. For many, Vancouver Island might seem far away, but we offer transportation from as far away as Kelowna. The cost for one week-long camp is \$900, but 60% of youth who attend come with full or partial sponsorships. If you are in Gr. 8-12 and demonstrate potential leadership in community and relationship or cooperation, shows interest in being service to others, and might benefit from connecting with a community of their peers across BC, then you might want to learn more or register [HERE](#)!

Trades and Apprenticeship Information

For current and ongoing opportunities, please visit [HERE](#)!

Volunteer/Employment Opportunities

For current and ongoing opportunities, please visit [HERE](#)!

***NEW* City of Port Moody** is looking for **Summer Events Volunteers**. They are recruiting for: Canada Day (July 1st, 11am – 7pm), Car Free Day (August 17th, 10am – 7pm), and Recreation Programs (July – August: Flexible options from single day to week long commitments). Volunteers must be at least 13 years old to volunteer for community events and 14 years old to volunteer in rec programs and day camps. Volunteering can potentially lead to a job within the City of Port Moody! Many of our staff started out as volunteers. Whether you're collecting hours for school, exploring career options, or hoping to land a job in the future, let us know your goals. We want to support you with mentorship, skill building, and guidance towards employment opportunities! To apply, start by emailing volunteers@portmoody.ca. More information can be found [HERE](#).

***NEW* Coquitlam Crunch Diversity Challenge** is happening on Saturday, June 21st, 2025. They are seeking enthusiastic volunteers to help assist with various tasks such as registration, route marshalling, set up, and Games and Activity area. This is a fantastic opportunity for students to earn valuable volunteer hours while making a difference in our community. No experience necessary – just a positive attitude and a willingness to help. To sign-up, click [HERE](#)!

***NEW* Lower Mainland Green Team** invites volunteers of all ages and abilities to remove invasive Himalayan Blackberry, small basalm & Herb Robert with us at the Cariboo Heights Forest Trail on Saturday May 31st & June 7th from 9:45am – 1:00pm. No experience needed and will happen rain or shine! To sign-up, click [HERE](#)!

***NEW* SD43 International Education** is looking for volunteers for their summer school during July 7th – August 8, 2025 from 8:30am – 12:00pm. If interested, submit your resume to achapell@sd43.bc.ca or drop off in person at 1080 Winslow Ave, Int'l Education Office c/o Adrienne Chapell AND complete this [MS FORMS](#)! The deadline to apply is June 13th, 2025.

Oakdale Neighbourhood Association is looking for student volunteers to deliver flyers to promote their annual "Neighbour Day" celebration in Oakdale Park on May 25th. In an effort to promote the event, we produce flyers to distribute in the neighbourhood (near Burquitlam Mall). We are seeking students to deliver these door to door in our neighbourhood anytime before May 23rd. We can provide them with a reference letter signed by our President and Directors. If interested, please contact Roxanne Sturdy (sturdywest@gmail.com or 604-931-2894).
University of Alberta Engineering – Junior Instructor Program are looking for Gr. 12 student volunteers starting at the U of A this Fall. Junior Instructors assist with various summer camp tasks and camper engagement. After completion of the program, they will be eligible to receive a \$1500 scholarship. If interested, apply [HERE](#) by Friday, May 30th, 2025.

Glenayre Elementary School – Spring Carnival is looking for Gr. 11 & 12 volunteers for Friday June 6th, 2025 at Glenayre Elementary School. Students may sign-up for 1 or 2 shifts (2:30pm – 4:40pm and/or 4:30pm – 6:30pm). They'll need help running the carnival game booths and supervising kids at the "Bouncy Castle" inflatables; responsibilities will include managing the line-ups at assigned stations, checking carnival wristbands or tickets, and ensuring kids' safety while participating in the activities. To show appreciation, volunteers will receive a certificate confirming their volunteer hours and free pizza and beverage after their shift. If interested, sign up [HERE](#)!

SD43 – Summer Learning Program is looking for volunteers! High school-aged volunteers will be placed in an elementary or middle classroom at one of our summer sites for July 7th - 25th (Elementary 9am - 12pm daily; Middle 8:45am - 11:45am daily) for 45 hours in total. In most cases, only students who can commit to and be available for all instructional days should apply. A criminal record check for the vulnerable sector also needs to be completed by the application deadline of Friday June 6th, 2025. If interested, apply [HERE](#)! For questions, please direct to Mr. Sawchuk (wsawchuk@sd43.bc.ca).

Scholarship / Awards

For current and ongoing opportunities, please visit [HERE](#)!

***NEW* Canadian Beef Check-off Agency Scholarship** (value: \$2000) is looking for Canadian citizens or permanent residents who are accepted to or attending a designated post-secondary institution and accepted to a full-time program relating to: Agriculture or agriculture business, marketing/ communications/ public relations, science and research including veterinary medicine, human health and nutrition, or policy/ economics. Preference will be given to applicants who are active beef producers or have a background in agriculture, but it is not a requirement. If interested, apply [HERE](#) by June 30th, 2025.

***NEW* Sunshine Coast Health Centre Scholarship** (value: \$1000) is open to high school, undergraduate and graduate students in Canada that are enrolled in a counselling, psychology, social sciences, medical/ nursing, or relevant program at an accredited university or college in Canada who are interested in working in addictions and mental health in Canada. Applicants must submit a 800-1000 word essay in APA format on one of the following topics: 1) Explore Meaning Therapy and its advantages to addiction and mental health treatment OR 2) Discuss how Meaning Therapy supports an individual with trauma and/or PTSD and making sense of their trauma in ways that help them live an improved quality of life. If interested, please apply [HERE](#) by August 1st, 2025.

Engineers and Geoscientists BC Foundation Entrance Scholarships (value: \$2500 x 6) is looking for students graduating from a BC Secondary School in 2025, entering a 4 year undergraduate engineering or earth science program. Applications will be assessed based off academic standing, extracurriculars and financial need. If interested, apply [HERE](#) until June 30th, 2025!

Summer Student Farm Worker Bursary (value: <\$3000) is open to students 16+ before May 1st, enrolled in full-time studies in the current academic year with plans to return to full-time studies in the Fall, enrolled in a designated educational institution, legally permitted to work in Canada and either hired or seeking employment in: Primary agriculture, food, beverage, and/or seafood processing, fishing or agriculture, and/or nurseries for bedding plants. If interested, apply [HERE](#) by June 9th, 2025.

Betty Spalton Scholarship (value: \$2500) is open to any Canadian or permanent residents entering or continuing studies leading to a career in road building, road maintenance, or heavy construction. Program of study may be full-time or part-time at any BC college, university or technical or trades institute. Preference will be given to underrepresented groups in the industry. If interested, apply [HERE](#) by May 31st!


Confratellanza Italo-Canadese 2025 Scholarship (\$1000) is available for students of Italian origin (ie. One parent or grandparent of direct Italian descent) and have an academic standing sufficient to qualify for entry into the post-secondary institution of their choice. To apply, click [HERE](#) by June 15th, 2025.

ATTENTION GRADE 12's! Did you win an Award, Bursary or Scholarship? If so, a huge congratulations!! Please complete this [Microsoft Form](#) by June 11th, 2025 to let us know so that we can acknowledge your achievement in the commencement program! *ONE scholarship, bursary, award per form please! If you received more than one, complete another form* If you have any questions about this, please contact Ms. Chang (mchang@sd43.bc.ca)!

PARENTS

PMSS 2024-2025 SCHOOL CALENDAR: Please click [HERE](#) for the 2024-2025 School Calendar

For information regarding PAC, please visit <https://www.sd43.bc.ca/school/portmoody/Parents/PAC/Pages>



ELEMENTARY
July 8 – July 25, 9:00am - 12:00pm
8 LOCATIONS

Registration
6:00am

**04
MAR**

Courses: K to 1 transition, English for Beginners, Visual & Performing Arts, French Immersion, Integrated Studies, Math, Reading & Writing, Coding (Info tech), Outdoor Science, STEAM, and more!

Free to all BC residents, SD43 Residency requirements apply.

MIDDLE
July 8 – July 25, 8:45am - 11:45am
3 LOCATIONS

Registration
6:00am

**07
MAR**

Courses: Band, Guitar, Creative Writing, Drama/Improv, English for Beginners, Guitar, Home Ec/Culinary, Integrated Studies, English and French Immersion Language Arts, Mathematics, PE/Leadership, Coding (Info Tech), Outdoor Science, STEAM, Tech Ed, Visual & Performing Arts, and more!

Free to all BC residents, SD43 Residency requirements apply.

SECONDARY SKILL BUILDING
July 8 – July 25, 8:30am - 11:30am OR 12:00 - 3:00pm
2 LOCATIONS

Registration
6:00am

**07
MAR**

Courses: English, English for Beginners, IB Math & Science, Jazz & Concert Band, Science, Home Ec, Sewing, 2D Animation, Metal and Wood Tech Ed, Math, Coding (Info Tech), Skills for Success. These non-credit courses may be taken to review previously covered course content OR preview a course. Academic Completion 9/10 for Science and Math is only available by school referral.


Free to all BC residents, SD43 Residency requirements apply.

SECONDARY FULL CREDIT
July 2 – August 7 (6 weeks)
8:00am – 11:30am OR 12:00pm – 3:30pm
2 LOCATIONS

Registration
6:00am

**06
MAY**

Face-to-Face or Online Blended Fast Track
Courses: Life Science11, Anatomy & Physiology 12; Career Life Education 10; Chemistry 11,12; EAL 10,11; English 10,11,12; English First Peoples 11,12; Mathematics 10,11,12; Physics 11,12; PHE 10; Socials 10,11, Science 10.
Free to all BC residents, SD43 Residency requirements apply.



www.sd43SummerLearning.ca/Phone 604-936-4261

AFTER GRAD FUNDRAISERS

APRIL UPDATE: <https://tinyurl.com/MoodySecAGApril2>

We Need Your Support!

Your Support Makes After Grad Possible.

Please visit our website to support our fundraisers. We're working hard to raise money for After Grad celebrations, covering costs like venue, transportation, food, and prizes.

We welcome donations, sponsors, and encourage you to **Like & Share** on Instagram and Facebook!

<https://sites.google.com/view/pmss-after-grad-2025>

COMMUNITY



Celebrate Go by Bike Week!

Biking to Work, School, or to Shop? Log all your rides during Go By Bike Week from May 31–June 6 to win prizes, including this year's grand prize of a **cycling adventure for two to Vietnam!**

[Join for free](#) before May 17 for a chance to win a skincare set from Lontreau!

Three Ways to Get Involved

1. Get cycle commute ready and register for our free "Intro to City Cycling" webinar on Mon, June 2. [Register Now](#).
2. Venture into the e-bike world and register for our free "Intro to E-Biking" webinar on Thur, June 5. [Register Now](#).
3. Help us get people on bikes by volunteering at our 20+ Celebration Stations! [Sign-up Now](#).

VOLUNTEERS NEEDED!



COQUITLAM
CRUNCH
DIVERSITY CHALLENGE



**CALLING ALL VOLUNTEERS!
WE NEED YOUR HELP!**

Join the Coquitlam Crunch Challenge crew Saturday
June 21 and help make the event amazing!

Sign up today:

Signup.com
2025 Coquitlam Crunch Challenge

